

Midgårdskastet Lördag

Tid	Kula	Diskus	Spjut	Slägga	Spjut 2/Boll	Tid
09:30		P9/P10/P11/F11	M/K/F19/F17/F15			09:30
09:40	P13/P15					09:40
09:45						09:45
09:50						09:50
09:55						09:55
10:00						10:00
10:05						10:05
10:15				F13	P9/P10/P11/F11	10:15
10:20						10:20
10:25						10:25
10:30						10:30
10:40						10:40
10:45						10:45
11:00	P9/P10/P11/F11	K/F17/F15	P13/P15			11:00
11:05						11:05
11:10						11:10
11:15						11:15
11:20						11:20
11:25						11:25
11:40				P19 (3)		11:40
11:45						11:45
11:50	F13			P9/P10/P11/F11		11:50
11:55						11:55
12:00						12:00
12:05						12:05
12:10						12:10
12:15						12:15
12:30				F17/F15		12:30
12:40		P13/P15				12:40
12:45						12:45
13:00			F13			13:00
13:05						13:05
13:10						13:10
13:20						13:20
13:45	F17/F15					13:45
13:55						13:55
14:00						14:00
14:10				P13/P15		14:10
14:30		F13				14:30
14:35						14:35
14:45						14:45
15:05						15:05
15:10	P17					15:10
15:30				Veteraner M/K		15:30
15:50			P17			15:50
16:05						16:05
16:30				P17		16:30
16:55						16:55
17:05						17:05
17:10						17:10
17:30		P17				17:30
17:45						17:45